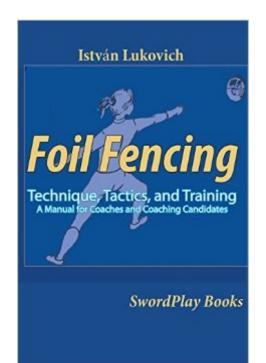
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Foil Fencing: Technique, Tactics And Training: A Manual For Coaches And Coaching Cadidates





Synopsis

This essential handbook presents basic foil technique and tactics -- and how to teach them successfully to beginners and more advanced fencers. It presents countless practical tips, plus the distilled wisdom of generations of masters of the Hungarian school. It is rigorously technical, yet adapted to the demands of contemporary competition. There are nearly 200 illustrations.

Book Information

Paperback: 232 pages Publisher: SKA SwordPlay Books (August 27, 2013) Language: English ISBN-10: 098544410X ISBN-13: 978-0985444105 Product Dimensions: 6 x 0.5 x 9 inches Shipping Weight: 14.6 ounces (View shipping rates and policies) Average Customer Review: Be the first to review this item Best Sellers Rank: #967,151 in Books (See Top 100 in Books) #119 in Books > Sports & Outdoors > Individual Sports > Fencing

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